

**SUPERINTENDENT'S BULLETIN**  
**Salvatore H. Petralia**  
**Superintendent of Schools – SAU 50**  
**November 2018**



**Mission**

*To improve the personal, social and academic growth of every student over time.*

**The Superintendent's Bulletin will be posted on the third Friday of each month and is available on our website. The purpose of this bulletin is to provide relevant information pertaining to each of our school districts across the SAU. Please read the bulletin and use it to remain updated on district news.**

**Remote Instructional Days (Blizzard Bag Program)**

I am pleased to announce that the Newington and Rye School Districts will participate in the Remote Instructional Day (Blizzard Bag Program) for the 2018-2019 school year. Commissioner Frank Edelblut approved each district's request for up to three (3) days of remote instruction if the schools are closed due to inclement weather or other emergency.

The New Hampshire Department of Education will recognize a Remote Instructional Day provided that:

1. Academic work shall be equivalent in effort and rigor to typical classroom work.
2. There shall be an assessment of all student work for the day.
3. At least 80 percent of students shall participate for the day to count as a school day.

Copied below is a link to the applicable school board policy.

[Remote Instruction School Day](#)

**Preliminary FY 2020 Budget**

Over the last few weeks, the Greenland School Board and the Rye School Board have been engaged with the district administration and building principals in formulating the school district budgets for FY 2020. The preliminary budgets will now go forward to the Town Budget Committees for further review and discussion. Copied below are the upcoming schedules for each school district.

## **Greenland**

|  |   |           |
|--|---|-----------|
| Tuesday, November 27, 2018 at 6:30 PM  | Review of Proposed School Budget              | Town Hall |
| Tuesday, December 04, 2018 at 6:30 PM  | Review of Proposed School Budget              | Town Hall |
| Tuesday, December 11, 2018 at 6:30 PM  | Review of Proposed School Budget (if needed)  | Town Hall |
| Thursday, January 10, 2019 at 6:30 PM  | Public Hearing, Final Review of School Budget | Town Hall |
| Wednesday, January 16, 2019 at 6:30 PM | Final Review of School Budget (if needed)     | Town Hall |

## **Rye**

|   |                                      |                 |
|---|--------------------------------------|-----------------|
| Wednesday, December 12, 2018 at 6:30 PM | Review of Proposed Budget            | Town Hall       |
| Wednesday, January 9, 2019 at 6:30 PM   | Public Hearing on School Budget      | Town Hall       |
| Tuesday, February 5, 2019 at 6:30 PM    | School District Deliberative Session | Rye Junior High |

## **Parent University**

In an effort to increase collaboration across each of our four school districts within SAU 50, Parent University has recently launched and announced its first formal presentation scheduled in early December.

Parent University established the following objectives for SAU 50:

- \*To provide learning opportunities to parents as they navigate the social, emotional and academic challenges of their children's development at school.
- \*To provide synergy between a child's school and home environment.
- \*To create an outlet for SAU50 unity and to bring parents of all communities together.

Attached please find a flyer promoting SAU50 Parent University's first formal talk on December 4<sup>th</sup>, 6:00 PM, in the Media Center at Greenland Central School. This presentation will be hosted by Carrie Chiasson from Portsmouth Neuropsychology.

## **Upcoming Calendar of School Board Meetings**

|                    |   |                 |
|--------------------|---|-----------------|
| New Castle         | Monday, December 3, 2018 at 5:00 PM     | MHT, New Castle |
| Newington          | Tuesday, December 11, 2018 at 5:00 PM   | NPS, Newington  |
| Greenland          | Monday, December 17, 2018 at 6:00 PM    | GCS, Greenland  |
| Rye                | Wednesday, December 19, 2018 at 5:00 PM | RJH, Rye        |
| SAU 50 Joint Board | Wednesday, December 19, 2018 at 6:30 PM | RJH, Rye        |

### **Thanksgiving Message**

It has been a busy fall semester and I know that we are all looking forward to the Thanksgiving festivities to celebrate with family and friends. I must say that it is a privilege to work with such talented and dedicated educators, supportive school board members, families, and community members. I am most thankful for the opportunity to work with each of you, knowing the importance and value of what we do each day to shape our students. On behalf of the entire SAU 50 administration and staff, thank you for your efforts and best wishes for a restful and enjoyable Thanksgiving.

Sincerely,

Salvatore Petralia  
Superintendent, SAU 50



**AND**



**PRESENT:**

## **Coping with Stress and Anxiety: School, Home, and the Holidays**

**Greenland Central School  
Media Center**

**December 4, 2018  
6:00-7:30 pm**

Stress affects everyone and a significant number of youth struggle with anxiety. If left unaddressed, stress and anxiety can negatively impact academic functioning, social relationships, and family dynamics. This talk will provide you with an understanding about where stress comes from, when symptoms turn from stress into a possible anxiety disorder, and how to build stress insulators. It will also cover several strategies for addressing specific sources of stress including homework, social challenges, family relationships, and the holidays.

### **Presented by Dr. Carrie Chiasson:**

Dr. Carrie Chiasson obtained her Psy.D. in Clinical Psychology with a Credential in Clinical Child and Family Psychology from Roosevelt University in Chicago, IL. She completed an APA-accredited internship at a community mental health center for youth in Topeka, KS where she received specialized training in treatment of anxiety disorders. Thereupon, she completed her postdoctoral training at a private practice in Rhode Island and focused on psychotherapy for children, adolescents, and young adults.

Dr. Chiasson specializes in psychotherapy at the Portsmouth Neuropsychology Center. She provides psychotherapy for children, adolescents, families, and adults. You can read more about services provided at the Portsmouth Neuropsychology Center by visiting [www.portsmouthneuro.com](http://www.portsmouthneuro.com)

